

Leisure for Pleasure Holidays & Tours ***7 DAYS JAMAICA ISLAND ESCAPE***

Day 1 Transfer from Kingston Airport to Hotel in Kingston. Evening at leisure.



Day 2 Tour departs Kingston after a short city tour and journeys towards Port Antonio via St Thomas. A stop at the famous **Boston Jerk Centre** is a must. There you can taste the “original” jerk chicken, pork or lobster along with some roast breadfruit, festival and other Jamaican favourites. Next you will enjoy a swim at the **Frenchman’s Cove Beach**. Overnight in Port Antonio. Evening at leisure

(Optional Stop at Reich Falls)

Day 3 Today the tour will depart for the **Rio Grande** where you will experience rafting on the world famous, breathtaking Rio Grande..an



experience you will not want to miss. The tranquil sounds of nature blend with the rhythm of the raft men poling as they skillfully navigate the river. We then depart Port Antonio and journey towards Ocho Rios. Along the way, we will visit **Harmony Hall** – a 150 year old Great House, originally a Methodist Manse and pimento estate. Since restoration and addition of elaborate fretwork in 1981, it has been a showcase for the best Caribbean art and craft. Overnight in Ocho Rios. Evening at leisure

(Optional stop at Sommerset Falls).



Day 4: Today, we visit the world renowned **Dunns River Falls and Park** – a mix of modern facilities with the rustic charm of a nature park. You may

choose to climb the falls in a human chain led by experienced fall guides, visit the ‘massage parlour’ and experience the soothing effects of the water as it cascades to the sea or simply enjoy the beach. After your exhilarating experience at the Dunns River Falls, you may enjoy **duty free shopping at the Taj Mahal** or purchase your souvenirs at the **local crafts market**, after which we then journey to Montego Bay. Along the way, we visit the historic **Columbus Park and Open Air Museum** which marks the spot where Columbus was reputed to have landed in Jamaica. Overnight in Montego Bay. Evening at leisure.

Day 5: We now journey towards the south coast. Our first stop is at the **Appleton Estate Rum Tour** which will give you an inside look at the rum making process.



You will watch the resident donkey demonstrate how juice was extracted from sugar cane in the 18th Century. From there, the tour

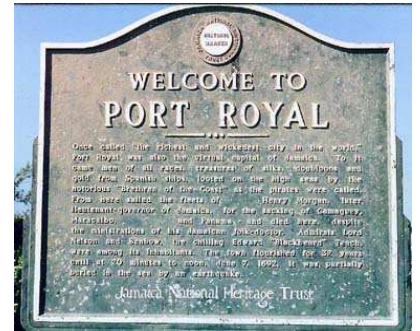


will take you to the distillery and aging house where the different methods of distillery are shown. You will be able to juice your own cane, sample white rum and boil wet sugar..... truly a Jamaican experience. Next we drive through **Bamboo Avenue**, then through **Middle Quarters** where you may sample our bright pink spicy shrimp. We then visit Jamaica’s wetlands and enjoy a **Safari Boat Tour**. The Great Morass is a 125 square mile wetland – the largest in Jamaica and home to a host of exotic birds, crocodiles and feisty game fish. There are also wild cane, ferns, water hyacinths and red mangroves with aerial roots. After the tour, we journey pass the Waterloo Guest House which has the distinction of being the first building in which electricity was installed more than 100 years ago to our hotel. Overnight St Elizabeth. Enjoy the evening at leisure.

Day 6: Today we spend the morning at leisure after which we depart for Kingston. We enjoy a leisurely scenic ride via the south coast. We visit **Lover's Leap** – a sheer 1,700 ft cliff overhanging the sea where it is said that two slave lovers leaped to their deaths rather than be separated. Here we have a



panoramic view of **Treasure Beach** and other surrounding areas. We then drive through **Melrose Hill** where you will get the chance to sample our roast yam and salt fish, then unto **Spanish Town**, our first city before arriving in Kingston.



Overnight in Kingston. Evening at leisure.

Day 7: We depart for the airport

(Optional visit to **Port Royal** wherein lies the remains of a former pirate town comprised of Giddy House, Maritime Museum, Fort Charles, Museum of Historical Archaeology and St Peters Church).

Depart Jamaica with wonderful memories of your 7 Days - Jamaica Island Escape.

Tour Cost includes:

- Return Airport Transfers
- Tour Transportation
- Hotel Accommodation – double occupancy
- Breakfast daily
- Entrance fees to listed attractions
- Taxes and service charge.

Applicable Dates: March 24 – December 15, 2009.

N.B. Bookings are subject to availability. Prices are subject to change.
Tour may also depart from Montego Bay.

