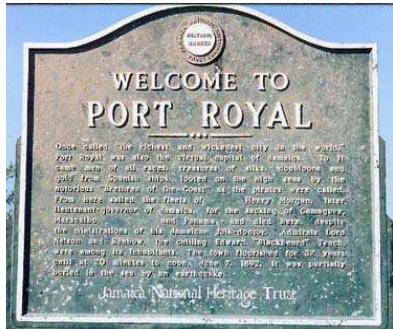


Leisure for Pleasure Holidays & Tours

7 DAYS JAMAICA ISLAND ADVENTURE

Day 1 Transfer from Kingston Airport to Hotel in Kingston. Evening at leisure.



Day 2 Today we explore the cultural capital of Kingston. Tour includes Bob Marley Museum, Devon House, University of the West Indies, National Stadium, National Heroes Park, Bank of Jamaica Money Museum, **Port Royal** wherein lies the remains of a former pirate town comprised of Giddy House, Maritime Museum, Fort Charles, Museum of Historical Archaeology and St Peters Church.

We then journey towards Port Antonio via St Thomas. A stop at the famous **Boston Jerk Centre** is a must. There you can taste the “original” jerk chicken, pork or lobster along with some roast breadfruit, festival and other Jamaican favourites.

Overnight in Port Antonio. Evening at leisure

Day 3 Today the tour will depart for the **Sommerset Falls** where the Daniels river plunges through a natural rock gorge in a series of cascades and pools. Climb a path to the 30ft waterfall to find a hidden cave. We then depart and journey towards Ocho Rios and visit **Dolphins Cove**, Jamaica’s # 1 marine attraction. Overnight in Ocho Rios. Evening at leisure



Day 4: Today, we visit the world renowned **Dunns River Falls and Park** – a mix of modern facilities with the rustic charm of a nature park. You may choose to climb the falls in a human chain led by experienced fall guides, visit the ‘massage parlour’ and experience the soothing effects of the

water as it cascades to the sea or simply enjoy the beach. After your

exhilarating experience at the Dunns River Falls, we visit **Mystic Mountain**. Enjoy the exhilarating Sky Ride, Bob Sled and Zip Line tours. An optional stop at the Crafts Market will allow you to purchase some souvenirs. after which we then journey to Montego Bay. Along the way, we visit the historic **Columbus Park and Open Air Museum** which marks the spot where Columbus was reputed to have landed in Jamaica. Overnight in Montego Bay. Evening at leisure.

Day 5: After breakfast we visit the **Mobay Undersea Tour** to explore the underwater world of the Montego Bay Marine Park. Enjoy live and educational narration by marine experts as you enjoy viewing from the vessel's air conditioned underwater cabin. We then journey towards Negril where we experience the exhilarating **Kool Runnings Water Park** and have fun at the most diverse water park experience in the Caribbean. We then overnight in Negril

Day 6: Today we visit Jamaica's wetlands and enjoy a **Safari Boat Tour**. The Great Morass is a 125 square mile wetland – the largest in Jamaica and home to a host of exotic birds, crocodiles and feisty game fish. There are also wild cane, ferns, water hyacinths and red mangroves with aerial roots. After the tour, we journey pass the Waterloo Guest House which has the distinction of being the first building in which electricity was installed more than 100 years ago through **Bamboo Avenue**, then through **Middle Quarters** where you may sample our bright pink spicy shrimp. We then continue our scenic journey along the south coast We then drive through **Melrose Hill** where you will get the chance to sample our roast yam and salt fish, then unto **Spanish Town**, our first city before arriving in Kingston. Overnight in Kingston. Evening at leisure.



Day 7: We depart for the airport

Depart Jamaica with wonderful memories of your 7 Days - Jamaica Island Adventure.

Tour Cost includes:

Return Airport Transfers
Tour Transportation
Hotel Accommodation – double occupancy
Breakfast daily
Entrance fees to listed attractions
Taxes and service charge.

Applicable Dates: March 24 – December 15, 2009.

N.B. Bookings are subject to availability. Prices are subject to change.
Tour may also depart from Montego Bay.

	Single	Double	Triple	Child under 12 yrs
11 - 22 adults	US\$1460	US\$1135	US\$1058	US\$460
3 - 10 adults	US\$1875	US\$1545	US\$1470	US\$460
2 adults	N/A	US\$1755	N/A	US\$460

Rates are US Dollar p.p. and subject to change without notice. Bookings are subject to availability

What to Bring: Swim Wear, Towels, Sunscreen, Comfortable walking shoes, Spending Money and Camera